

Mh

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Coaching



# Unlock Your Inner Power

A 3-Step Guide to Aligning Your  
Business with Your Soul

# Welcome to Your Journey of Inner Alignment and Business Growth

This guide is designed for soul-driven female entrepreneurs like you, who are ready to release stress, burnout, and misalignment in their business. You'll discover practical steps to reconnect with your true self, align your business with your values, and boost your income and impact.



In this short guide, I'll walk you through three simple steps that will help you overcome emotional barriers and realign your business with your purpose. Each step is designed to be actionable, so you can implement them immediately and start seeing shifts in your personal and professional life within minutes!

# THE 3 STEP GUIDE



## 01 EMOTIONAL CLEARING

Let go of emotional blocks that are keeping you stuck. A quick exercise: Take 5 minutes to journal the main feelings holding you back in your business right now. Identify the source, and ask yourself, “What would my business look like if I no longer felt this way?” This small shift helps you bring awareness to what's hindering your progress.

## 02 INTUITIVE ALIGNMENT

Tap into your intuition to make decisions that align with your soul and business vision. Simple practice: Close your eyes, take 3 deep breaths, and ask yourself, “What do I truly desire for my business?” Write down the first three things that come to mind. These are your intuitive answers.

## 03 ACTIONABLE STRATEGY

Once you've cleared your emotional barriers and aligned with your intuition, it's time to take practical steps. Choose ONE thing you identified in the intuitive exercise and outline 3 small actions you can take this week to move toward that vision. Commit to these actions.

# You Are Not Alone

If the practice on the previous page felt tough or confusing, please know you're not alone. It's completely normal to encounter challenges when diving into inner work, especially as we reconnect with parts of ourselves that may have been neglected. This process can stir up old emotions and hidden blocks, which is actually a sign that you're on the right path – you're beginning to uncover what's been holding you back.

## **Why It Feels Hard Sometimes**

When we step into deeper self-reflection, our subconscious mind might resist, trying to protect us from discomfort. This resistance is a natural part of the journey and a sign that growth is happening. It's like peeling back layers to reveal your authentic self, and that takes courage.

## **I'm Here to Support You**

Remember, you don't have to do this alone. I understand how challenging this can be, and I'm here to guide you through it. Whether you're feeling stuck, overwhelmed, or unsure, I'm here to support you with compassion and care. Together, we can navigate these feelings and find clarity.



# I'M MIRIAM

A DEDICATED BUSINESS, SPIRITUAL LIFE AND EMBODIMENT COACH, HELPING SOUL-DRIVEN FEMALE ENTREPRENEURS RECONNECT WITH THEIR TRUE SELVES, OVERCOME EMOTIONAL BARRIERS, AND BUILD THRIVING, ALIGNED BUSINESSES.


## WORK WITH ME

My signature program, ***The Embodied Entrepreneur - Emotional Mastery for Business Success***, helps women like you achieve personal and professional breakthroughs by combining emotional mastery techniques with intuitive development.

READY TO GO DEEPER?  
BOOK A FREE  
DISCOVERY CALL WITH  
ME TO EXPLORE HOW  
WE CAN WORK  
TOGETHER TO ELEVATE  
YOUR BUSINESS AND  
ALIGN IT WITH YOUR  
SOUL'S PURPOSE. LET'S  
UNCOVER THE ROOT OF  
YOUR CHALLENGES AND  
CREATE A CLEAR PATH  
TO YOUR SUCCESS!



**BOOK YOUR FREE DISCOVERY CALL**  
**TODAY!**



The most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.

HELEN KELLER